

Sports & Wellness Subject @ TP
Application for Exemption from Sports & Wellness (LSW1002) – Existing Students

Sports & Wellness (S&W) is a compulsory, attendance-based subject for all Year 1 students. Students may be exempted from S&W on medical grounds. This has to be supported by doctor's memo stating the reason(s) for long-term excuse (10 consecutive weeks or more) from participating in physical activity classes¹.

You will receive an official notification from Academic Affairs Department on the outcome of your application. While your application is being processed, you are required to report for class.

For your application to be considered, please complete this form and email it to: senghui@tp.edu.sg and mdhaffiz@tp.edu.sg.

Full Name:	NRIC No.:	Handphone No.:
TP Student Email Address:		Diploma:
Description of Medical Condition(s) – Please attach doctor's memo with your application.		
Period of Exemption:		
From _____ to _____ (dd/mm/yyyy) (dd/mm/yyyy)		

¹ physical activity classes include moderate intensity exercises such as (but not limited to) Badminton, Basketball, Bouldering, Dance Fitness, Martial Arts and Strength & Conditioning classes.